# Fitness Trainer (TOP 0835.20)

## Regional Program Demand Report

Foothill College, San Francisco larger MSA



## **Introduction and Contents**

### Contents

Executive Summary	
Job Outlook Summary 4	
Inverse Staffing Patterns	
Regional Graduation Summary	
Occupational Programs & Completers	

## **Purpose and Goals**

This report is designed to integrate and analyze data from multiple sources to help educational institutions discover regional labor market needs for certain postsecondary programs of study. The overall goal is to help a college align their program offerings the economy and labor market of its service region. To do this, the report selects a set of focus occupations, determines the regional job outlook for them, and compares this to the number of recent graduates in related programs at regional educational institutions. While this is a first step toward a supply/demand analysis, for increased accuracy it could be extended with survey-based information from local employers regarding their hiring outlook and recruitment sources.

The occupation employment and wage numbers are from EMSI's national Complete Employment database, which is built using numerous published data sources from the federal Bureau of Labor Statistics, Bureau of Economic Analysis, and Bureau of the Census. In addition, the report uses industry/occupation data and projections created by the State of AnyState. The completions-by-program and program-to-occupation links use data from the U.S. Department of Education.

These data sources have been specially processed and harmonized to provide more complete and detailed data than any individual source used. For more information, see the final page of this report.

#### **Focus College**

Foothill College

#### **Region Definition**

Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara

## **Key Terms and Concepts**

**Programs**: Courses of postsecondary study defined by CIP (Classification of Instructional Programs) codes.

**Occupation:** A category of workers defined by the Standard Occupational Classification (SOC).

**Relating occupations to Programs:** EMSI determines these links using information from the U.S. Department of Education.

**Replacement Jobs:** The estimated number of job openings in an occupation due to retirement, turnover, and other factors aside from job growth. Based on national percentages by occupation.

**Annual openings:** The sum of new jobs and estimated replacement jobs for a given occupation, divided by the number of years in the timeframe.

**Earnings:** For industries, total annual earnings per worker is reported; these earnings include wages, salaries, profits, and benefits. Occupational earnings are reported as median hourly wage only.

**Jobs:** Full-time and part-time positions held by proprietors and payroll employees in the public or private sector. May exceed actual worker count.

**Projections:** Estimates of future job or population numbers based on (1) recent historical regional trends and (2) published forecasts created by a consensus of state and federal agencies.

## **Executive Summary**

#### **Overview**

This report focuses on **3 occupations** which are expected to provide **927 annual job openings** from 2008-2013 in the San Francisco larger MSA 6-county area. Meanwhile, in 2007, area colleges produced **532 graduates** in **7 programs** related to these occupations. The numbers indicate an opportunity for area colleges to expand their offerings in this field.<sup>1</sup>

## **Focus Occupations**

The following occupations were selected for analysis in this report:<sup>2</sup>

- Coaches and scouts
- · Fitness trainers and aerobics instructors
- Recreation workers

#### **Focus Programs**

The key occupations above correspond to the following standard postsecondary program titles:<sup>3</sup>

- Physical Education Teaching and Coaching
- Parks, Recreation and Leisure Studies
- Parks, Recreation and Leisure Facilities Management
- Health and Physical Education, General
- Sport and Fitness Administration/Management
- Health and Physical Education/Fitness, Other
- · Parks, Recreation, Leisure, and Fitness Studies, Other

#### Labor Market Outlook

Aggregated data for all focus occupations:

	Region	State[s]	U.S.
2008 total jobs	21,994	106,954	841,572
2013 total jobs	24,343	119,281	925,157
2008-2013 growth	2,350	12,326	83,586
2008-2013 repl. jobs	2,286	11,073	68,720
Median hourly earnings	\$15.68	\$14.08	\$11.81

## **Focus Program Completions**

"Completions" represents the total number of students to attain an award or degree at each given level in all the above college programs.

Award Level	2007 Completions (Foothill College)	2007 Completions (All Colleges in Region)
Award < 2 years	0	31
Associate's	3	14
Bachelor's	-	328
Postbaccalaureate Certificate	-	0
Master's	-	159
Doctor's	-	-
Professional	-	-
TOTAL	3	532

Source: U.S. Department of Education, National Center for Education Statistics: Integrated Postsecondary Education Data System (IPEDS).

<sup>1.</sup> Annual job openings: new plus replacement jobs divided by years in the timeframe. Note that openings may be filled from various sources besides new graduates, and that graduates may work in occupations unrelated to their degree.

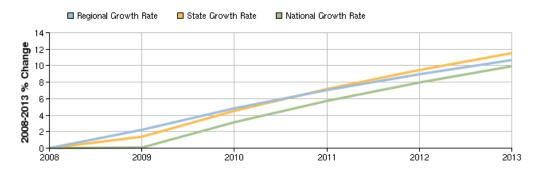
<sup>2.</sup> Occupations are defined by the federal SOC system. 3. Programs are defined by the federal CIP system. The

occupation-program crosswalk is based on the CIP-SOC crosswalk published by the U.S. Department of Education.

## **Job Outlook Summary**

## Percent Change in Employment, All Focus Occupations

This graph shows yearly percent growth compared to 2008.



The table summarizes the regional job outlook for the focus occupations using employment projections and current wage data, indicating the demand for these kinds of workers and their pay scale. Colleges which strive to be labor market responsive, maximize their economic impact, and generate a return on investment for public funds should generally focus program resources to support high-growth, high-wage occupations.

## **Detailed Information by Occupation**

	2008-13 A	2008-13 Avg. Annual Openings			Median Hourly Earnings		
Occupation Title	Region	State[s]	U.S.	Region	State[s]	U.S.	
Fitness trainers and aerobics instructors	377	1,661	10,373	\$17.50	\$16.00	\$11.97	
Recreation workers	294	1,648	10,881	\$12.18	\$10.09	\$9.43	
Coaches and scouts	256	1,370	9,208	\$18.81	\$18.06	\$15.64	
TOTAL	927	4,680	30,461	\$15.68	\$14.08	\$11.81	

Source: EMSI Complete Employment, 3/2008.

Average annual openings: total new plus replacement jobs over the entire timeframe divided by number of years in the timeframe.

<sup>1.</sup> Projected new and replacement jobs can indicate demand, but are not necessarily equivalent to demand. The number is based on past regional performance of the industries that employ workers in the given occupations, combined with official, biannual state and federal ten-year estimates. Projections may underestimate demand if employers need these kinds of workers but are unable to hire qualified individuals to meet their needs, or if unforeseen business recruitment and growth outpace past trends. Similarly, projections may overestimate demand if there are unforeseen contractions in key employers, entire industries, or the national economy as a whole.

# **Regional Job Outlook**

The table summarizes the regional job outlook for the focus occupations using employment projections and current wage data, indicating the demand for these kinds of workers and their pay scale. Colleges which strive to be labor market responsive, maximize their economic impact, and generate a return on investment for public funds should generally focus program resources to support high-growth, high-wage occupations. Occupations are sorted by total 2008 jobs.

Occupation Title	2008 Jobs	2013 Jobs	New Jobs	New & Rep. Jobs	Median Hourly Earnings
Recreation workers	8,816	9,447	631	1,470	\$12.18
Fitness trainers and aerobics instructors	8,016	9,128	1,112	1,887	\$17.50
Coaches and scouts	5,161	5,768	607	1,279	\$18.81
	21,994	24,343	2,350	4,636	\$15.68

Source: EMSI Complete Employment - Spring 2009.

## **State & National Job Outlook**

These two tables summarize the state and national job outlook for the focus occupations using employment projections and current wage data, indicating the demand for these kinds of workers and their pay scale. Occupations are in the same order as they are in the regional job outlook table on the previous page.

## **State Job Outlook**

Occupation Title	2008 Jobs	2013 Jobs	New Jobs	New & Rep. Jobs	Median Hourly Earnings
Recreation workers	44,095	48,164	4,069	8,242	\$10.09
Fitness trainers and aerobics instructors	36,590	41,409	4,819	8,307	\$16.00
Coaches and scouts	26,269	29,707	3,438	6,850	\$18.06
	106,954	119,281	12,326	23,399	\$14.08

Source: EMSI Complete Employment - Spring 2009.

## **National Job Outlook**

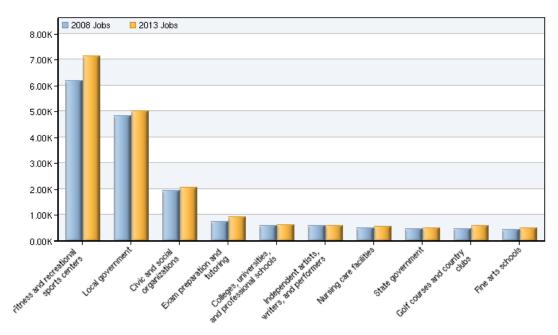
Occupation Title	2008 Jobs	2013 Jobs	New Jobs	New & Rep. Jobs	Median Hourly Earnings
Recreation workers	354,747	382,864	28,117	54,403	\$9.43
Fitness trainers and aerobics instructors	277,247	308,417	31,170	51,864	\$11.97
Coaches and scouts	209,577	233,876	24,299	46,039	\$15.64
	841,572	925,157	83,586	152,306	\$11.81

Source: EMSI Complete Employment - Spring 2009.

# **Inverse Staffing Patterns**

### **Industrial Makeup**

These are your region's top ten growing industries in the selected occupations.



NAICS Code	Description	2008 Jobs	2013 Jobs	Change	% Change
713940	Fitness and recreational sports centers	6,197	7,134	937	15%
930000	Local government	4,822	5,023	201	4%
813410	Civic and social organizations	1,948	2,069	121	6%
611691	Exam preparation and tutoring	727	914	187	26%
611310	Colleges, universities, and professional schools	575	627	52	9%
711510	Independent artists, writers, and performers	574	598	24	4%
623110	Nursing care facilities	497	547	50	10%
920000	State government	465	483	18	4%
713910	Golf courses and country clubs	459	587	128	28%
611610	Fine arts schools	436	499	63	14%

## **Regional Graduation Summary**

Regional graduations ("completions" or number of awards/degrees granted) in the programs tied to the focus occupations are one indicator of workforce supply. (Other sources include in-migration of new workers to the region, promotion from within firms, and currently unemployed workers in the same or similar occupations.) The following table breaks down these graduations by program and award level at AnyRegion college and at all institutions in the region. A zero entry for completers indicates the program is offered but had no completions, while a "-" indicates the program is not offered.

CIP Code	Program Title	Award Level	2007 Completions, Your College	2007 Completions, Entire Region
13.1314	Physical Education Teaching and Coaching	[all]	-	-
31.0101	Parks, Recreation and Leisure Studies	Associate's degree	-	-
		Bachelor's degree	-	72
		Master's degree	-	14
31.0301	Parks, Recreation and Leisure Facilities Management	Award of at least 1 but less than 2 academic years	-	-
		Associate's degree	-	5
		Award of at least 2 but less than 4 academic years	-	5
31.0501	Health and Physical Education, General	Award of less than 1 academic year	-	11
		Associate's degree	2	5
		Bachelor's degree	-	243
		Master's degree	-	66
31.0504	Sport and Fitness Administration/Management	Award of less than 1 academic year	-	20
		Associate's degree	1	4
		Bachelor's degree	-	5
		Master's degree	-	79
31.0599	Health and Physical Education/Fitness, Other	Bachelor's degree	-	8
		Postbaccalaureate certificate	-	-
31.9999	Parks, Recreation, Leisure, and Fitness Studies, Other	Award of less than 1 academic year	-	-
	TOTAL		3	537

Source: U.S. Department of Education, National Center for Education Statistics: Integrated Postsecondary Education Data System (IPEDS).

# **Occupational Programs & Completers**

The following section provides detailed information for each focus occupation, including the job outlook information provided above. Each occupation is also associated with one or more postsecondary programs (defined by standard CIP 2000 codes) using information published by the U.S. Department of Education with customizations by EMSI.

A zero entry for completers indicates the program is offered but had no completions, while a "-" indicates the program is not offered.

### **Summary Table**

Occupation	2008-2013 Avg. Annual Openings	2007 Completions, All Related Programs (College)	2007 Completions, All Related Programs (Region)	Total Related Programs	Total Occs. Sharing Same Programs
Fitness trainers and aerobics instructors	377	3	433	3	7
Recreation workers	294	1	212	5	4
Coaches and scouts	256	3	433	3	7

Source: EMSI Complete Employment; U.S. Department of Education, IPEDS & Occupational Code Crosswalk - CIP 2000.

An occupation may be related to multiple programs and vice versa. Completions may be double-counted if related to multiple occupations; **do not total**. See columns "Total Related Programs" and "Total Occs. Sharing Same Programs" to refine interpretation of openings versus completions.

#### **Detail Tables**

The following tables provide detailed information for focus occupations and related programs, comparing estimated average annual openings in each occupation with recent completions (awards/degrees) in related programs at both AnyRegion College and at all institutions in the region. Many postsecondary programs are linked to multiple occupations; this is shown in the final column of each table and is one indication that fewer program completers will likely enter the given occupation than the overall total would suggest.

Sources for this section: EMSI Complete Employment, 3/2008; U.S. Department of Education, IPEDS.

#### **Coaches and scouts**

2008-2013 Avg. Annual Openings: 256

Median Hourly Earnings: \$18.81

Related Programs	2007 Completions, College	2007 Completions, Entire Region	Other Occupations Linked to Program
TOTAL, ALL RELATED PROGRAMS	3	433	7
Physical Education Teaching and Coaching	-	-	5
Health and Physical Education, General	2	325	1
Sport and Fitness Administration/Management	1	108	1

#### Fitness trainers and aerobics instructors

#### 2008-2013 Avg. Annual Openings: 377

#### Median Hourly Earnings: \$17.50

Related Programs	2007 Completions, College	2007 Completions, Entire Region	Other Occupations Linked to Program
TOTAL, ALL RELATED PROGRAMS	3	433	7
Physical Education Teaching and Coaching	-	-	5
Health and Physical Education, General	2	325	1
Sport and Fitness Administration/Management	1	108	1

#### **Recreation workers**

### 2008-2013 Avg. Annual Openings: **294**

Median Hourly Earnings: \$12.18

Related Programs	2007 Completions, College	2007 Completions, Entire Region	Other Occupations Linked to Program
TOTAL, ALL RELATED PROGRAMS	1	212	4
Parks, Recreation and Leisure Studies	-	86	2
Parks, Recreation and Leisure Facilities Management	-	10	-
Sport and Fitness Administration/Management	1	108	2
Health and Physical Education/Fitness, Other	-	8	-
Parks, Recreation, Leisure, and Fitness Studies, Other	-	-	-

# **About the Data**

## Introduction

EMSI data is a compilation and harmonization of more than 80 government and private-sector sources. Updated every six months and based on the most recent data available, the dataset covers the entire US population and economy, down to each individual ZIP code. It includes data for industries, occupations, demographics, postsecondary institutions, and selected economic indicators.

## **Occupation Data**

Organizing regional employment information by occupation provides a workforce-oriented view of the regional economy. EMSI's occupation data are based on EMSI's industry data and regional "staffing patterns" (showing the average mix of job types in various industries) taken from the Occupational Employment Statistics program (U.S. Bureau of Labor Statistics). Wage information is augmented by data from the American Community Survey (U.S. Census). Replacement jobs and annual openings estimates are based on national survey data by occupation. As in the official government statistics, occupations are categorized by Standard Occupational Classification (SOC) codes and titles.

## **Completions Data**

Completions are voluntarily reported by postsecondary institutions through the U.S. Department of Education's Integrated Postsecondary Education Data System (IPEDS). Completions are organized by program using the Classification of Instructional Programs (CIP) codes and titles.

## **Relating Occupations to Postsecondary Programs**

The occupation-to-program (SOC-to-CIP) "crosswalk" is a large table that describes which occupations are generally trained for by each standard postsecondary program (based on Classification of Instructional Programs [CIP] codes and titles, last updated in 2000). EMSI starts with the official crosswalk published by the U.S. Department of Education and customizes it in various ways to make it more accurate and practical for comparing programs to regional labor markets.

# **About Economic Modeling Specialists**

## **Products and Services**

EMSI provides integrated regional economic and labor market data, web-based analysis tools, data-driven reports, and custom consulting services. EMSI specializes in detailed information about regional economies for assessment and planning purposes, bringing together industry, workforce, economic development, and education/training perspectives.

EMSI's expertise is centered on regional economics, data integration and analysis, programming, and design so that it can provide the best available products and services for regional decision makers. EMSI recently merged with its sister company CCbenefits Inc.-well known for conducting socioeconomic impact studies for over 800 community and technical colleges across the nation-to offer an integrated portfolio of solutions for college, workforce, and economic development professionals.

## Clients

EMSI's client base includes hundreds of colleges, workforce boards, economic development organizations, governmental agencies, economists, consultants, academics, and private-sector analysts. With over four thousand current clients in the U.S., Canada, and the United Kingdom, EMSI's products and services are critical for informing regional policy.

## **Contact EMSI**

For more information about EMSI, visit us at www.economicmodeling.com, or call us toll-free at 866.999.3674.